

Develop your strengths



Do you know what your strengths are?

We're not talking about your industry knowledge or your years of experience in your field. We're talking about your innate talents that set you apart from your colleagues and make you unique.

People don't spend enough time thinking about their talents and how they can apply them. All too often we focus our energies on trying to fix our shortcomings. This is a seductive trap! Research shows people perform best when they work to their strengths, and teams perform best with a balanced, complementary strengths set.

Are you making the most of your unique talents in the workplace?

Sadly many of us aren't. We can help! We're not just passionate about strengths-based development, we live it, breathe it and love sharing it. And we're overwhelmingly practical so you'll walk away not just energised, but with concrete actions you can take to put your strengths to work for you and your team.

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Great things happen when we focus on what's *right* with people instead of what's *wrong*. We use the Clifton StrengthsFinder to work with both individuals and teams.

Individual strengths coaching

Individual strengths-based coaching. Choose a "one off" session or a series of three.

We work with you to understand your talents, translate them into strengths and put them to work for you.

Strengths for teams

Find out your team's strengths and explore how you can use them to achieve your goals.

A half-day, highly interactive workshop where you discover your collective mojo!

Why work with us?

As thought leaders in strengths and experienced practitioners, we know how powerful this approach is, and the results it can achieve.

To find out more call us on
04 472 6267 or email us at
office@trainingpractice.co.nz

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